

(501) 664-5993 www.chmlr.org 4023 Lee Ave, Little Rock, AR 72205

Each Plate is so	erved with	a Fruit and a Vegetable		
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Monday	3-Nov	Meatballs and mashed potatoes		
Tuesday	11//4	Bean/Cheese Quesodillas		
Wednesday	5-Nov	Pizza rolls		
Thursday	6-Nov	Mac and cheese		
Friday	7-Nov	Cheesy eggs		
Monday	10-Nov	Pizza		
Tuesday	11-Nov	Chicken nuggets		
Wednesday	12-Nov	Cheese eggs		
Thursday	13-Nov	Turkey sandwich		
Friday	14-Nov	Nachos		
Monday	17-Nov	Chicken and rice and peas		
Tuesday	18-Nov	Mac and cheese		
Wednesday	19-Nov	Meat ball subs		
Thursday	20-Nov	Grilled Cheese		
Friday	21-Nov	cold plate		
Monday	24-Nov	Closed		
Tuesday	25-Nov	Closed		
Wednesday	26-Nov	Closed		
Thursday	27-Nov	Closed		
Friday	28-Nov	Closed		