



Children's House MONTESSORI SCHOOL

(501) 664-5993 www.chmlr.org 4023 Lee Ave, Little Rock, AR 72205

Each Plate is served with a Fruit and a Vegetable

Vegetarian Plates are available upon request

Monday	29-Jan	Bean and cheese		
Tuesday	30-Jan	Chicken roasted veggies fruit		
Wednesday	31-Jan	Baked fish with couscous		
Thursday	1-Feb	Baked past with chicken and veggies and fruit		
Friday	2-Feb	Sandwich chips veggie fruit		
Monday	5-Feb	Pizza		
Tuesday	6-Feb	Eggs		
Wednesday	7-Feb	Turkey sloppy joes		
Thursday	8-Feb	Chicken salad		
Friday	9-Feb	PB& J, Chips, Vegetable, Fruit		
Monday	12-Feb	Pizza rolls		
Tuesday	13-Feb	Fish Sticks, Fries, Vegetable, Fruit		
Wednesday	14-Feb	Quiche, Vegetable, Fruit		
Thursday	15-Feb	Chicken nuggets		
Friday	16-Feb	Turkey Sandwiches, Chips, Fruit, Vegetables		
Monday	19-Feb	No School- Parent Teacher Conferences		
Tuesday	20-Feb	Taquitos, Vegetable, Fruit		
Wednesday	21-Feb	Taco and beans and rice fruit		
Thursday	22-Feb	Eggs		
Friday	23-Feb	Grilled Cheese, Chips, Vegetable, Fruit		
Monday	02/26/2	Chicken veggies and fruit		
Tuesday	27-Feb	Pizzas, vegetables		
Wednesday	28-Feb	Meatball gravy and rice and veggies and fruit		
Thursday	29-Feb	Nachos		
Friday	1-Mar	Sandwich		