



Children's House MONTESSORI SCHOOL

(501) 664-5993 www.chmlr.org 4023 Lee Ave, Little Rock, AR 72205

January 2023 Lunch Menu

Each Plate is served with a Fruit and a Vegetable

Vegetarian Plates are available upon request

Monday	2-Jan School Closed - Holiday
Tuesday	3-Jan Pizza, Vegetable, Fruit
Wednesday	4-Jan Chicken Nuggets, Mashed Potatoes, Green Beans, Fruit
Thursday	5-Jan Cheese Eggs, Biscuits, Sausage, Fruit
Friday	6-Jan Grilled Cheese, Chips, Cucumbers, Fruit

Monday	9-Jan Mac N Cheese, Peas, Jello, Fruit
Tuesday	10-Jan Hot Dogs, Beans, Apples
Wednesday	11-Jan Cheese & Bean Quesadillas, Vegetable, Fruit
Thursday	12-Jan Pancakes, Sausage, Fruit
Friday	13-Jan PB& J, Chips, Vegetable, Fruit

Monday	16-Jan School Closed - MLK Jr. Day
Tuesday	17-Jan Fish Sticks, Fries, Vegetable, Fruit
Wednesday	18-Jan Quiche, Vegetable, Fruit
Thursday	19-Jan Broccoli Cheese Rice Chicken Casserole, Fruit
Friday	20-Jan Turkey Sandwiches, Chips, Fruit, Vegetables

Monday	23-Jan Pizza, Vegetables, Fruit
Tuesday	24-Jan Taquitos, Vegetable, Fruit
Wednesday	25-Jan Lasagna, Garlic Bread, Vegetable, Fruit
Thursday	26-Jan Pizza Rolls, Vegetable, Fruit
Friday	27-Jan Grilled Cheese, Chips, Vegetable, Fruit

Monday	30-Jan Pizza, Vegetable, Fruit
Tuesday	31-Jan Chicken Nuggets, Mashed Potatoes, Green Beans, Fruit
Wednesday	1-Feb Cheese Eggs, Biscuits, Sausage, Fruit
Thursday	2-Feb Hot Dogs, Beans, Apples
Friday	3-Feb Grilled Cheese, Chips, Cucumbers, Fruit