



Children's House MONTESSORI SCHOOL

(501) 664-5993 www.chmlr.org 4023 Lee Ave, Little Rock, AR 72205

September Lunch Menu

Each Plate is served with a fruit and a vegetable

Vegetarian Plates are available upon request

Monday	5-Sep Labor Day - CLOSED
Tuesday	6-Sep Pizza
Wednesday	7-Sep Mac & Cheese, Peas, Berries
Thursday	8-Sep Chickens Nuggets, Mashed Potatoes, Peas, Fruit
Friday	9-Sep Turkey Sandwiches, Fruit, Chips

Monday	12-Sep Sloppy Joes, Fries, Fruit, Veggie
Tuesday	13-Sep Chicken Spaghetti, Bread, Green Beans, Fruit
Wednesday	14-Sep Taquitos, Peas & Carrots, Cantaloupe
Thursday	15-Sep Fish Sticks, Fries, Veggies, Fruit
Friday	16-Sep Grilled Cheese, Chips, Veggie, Fruit

Monday	19-Sep Quesadillas, Sugar Peas w/ Dip, Fruit
Tuesday	20-Sep Cheese Eggs, Turkey Sausage, Fruit
Wednesday	21-Sep Homemade Pizza, Fruit, Veggie
Thursday	22-Sep Corn Dogs, Beans, Apples
Friday	23-Sep Turkey Sandwich, Chips, Fruit, Veggies

Monday	26-Sep Mac & Cheese, Peas, Fruit
Tuesday	27-Sep Pancake, Turkey Sausage, Fruit
Wednesday	28-Sep Chickens Nuggets, Mashed Potatoes, Peas, Fruit
Thursday	29-Sep Pesto Pasta, Bread, Veggie, Fruit
Friday	30-Sep Turkey Roll Ups, Chips, Fruit